

Preparation of dilution from own stool

Read carefully before producing the preparation.

Do not take the bottle out of its plastic wrappings before you are ready to commence making the dilution. The dilution is always prepared by an adult person.

Purpose: “The Bottle” is designed for the vortex flux dilution of a person’s information contained in one’s own stool to the fine-matter (from the materialistic point of view, immaterial) level. The product of the dilution is used solely by the same person that provided the stool.

The Philosophy: On basis of fine-matter resonance, the product of the high dilution process acts positively on the fine-matter (from the materialistic point of view immaterial) spiritual organizing principle in a person called “vital force”, “chi”, or “prana”, which can then gradually improve its function.

What you need:

1. An Autopathic Bottle made of chemically stable borosilicate glass.
2. Ordinary bottled drinking water (**not sparkling and without high mineral content and artificial additives**) or clean distilled water in a quantity (minimum 1 liter) as recommended by a consultant or by literature about autopathy.

The Procedure:

1. We take a bottle of unused drinking water (as described above), screw off the plastic cap and using a sterile dropper (we get it in the pharmacy) we insert a few drops of fresh stool in the cap. We fill the cap with water intended for the dilution. We lightly stir it with the dropper. Then we let it stand for 3 minutes and then extract with the dropper a few drops from the surface of the liquid, which we drip into the funnel of the autopathic bottle. In cases of repeated use, a new dropper and cap must always be used.
2. Do not touch the inside of the funnel. No other person is to be present. If we make the dilution for someone else, we always cover the nose and mouth using a scarf or a surgical mask while taking the stool and during the whole process of the preparation, to prevent a transfer of particles of our saliva (during sneezing, speaking or breathing at close distanced) to the dilution.
3. Hold the bottle by the funnel at an angle of about 45 degrees, so that the small pipes that come out of the round whirling chamber form of the letter V. The drops of water, possibly slightly colored by the stool, are washed down by a small quantity of water, just enough to fill the small spherical whirling chamber. This we then heat up with a gas burner, a gas lighter of the turbo type, camping boiler or spirit burner (in emergency a good cigarette lighter or a candle can be used), so that we touch by the flame the round chamber, until the liquid starts to boil. We continue boiling further 90 seconds. During the heating process, we hold the bottle in a folded-up napkin, as it will be hot, and do not aim the pipes towards any person as the hot water could spurt out. We wait another approx. half a minute before diluting with water. We place the bottle on the edge of a hand basin or a kitchen sink, with the lower outflow pipe directed towards the drain. We can also hold the bottle during the dilution process in the hand.

4. Gradually we pour the recommended amount of water into the funnel, without interruptions (except when changing bottles of water). We do not touch the funnel with the bottle, but pour from a height of about 2 inches (5 cm). Ideally (though not necessarily), the water should level up within the funnel, but overflowing the funnel is not a problem.
5. Immediately after this, raise the bottle and through the lower pipe pour the contents of the vortex chamber (the spherical bulge at the bottom) or its part (a few drops are sufficient) on the middle of your forehead and spread with a slight touch of the lower pipe above eyebrows and the stem of the nose (where the sixth chakra is situated). Allow the skin to dry. The application of fine-matter, high dilutions on the skin was already recommended by the founder of homeopathy S. Hahnemann (Organon of Medicine).
6. Immediately after using it, put the bottle back into its plastic cover without sealing it and into the box, to prevent danger of contamination (impairment of effect) by another person through touching it, or speaking or breathing at close distance. Bottles, which are no longer in use, should not be kept but be disposed of in separated waste.
7. The autopathic bottle should never be used at a later time for another person. This would result in the fine-matter vibrations of the two persons being mixed, so-called “cross-contamination”, and the preparation would no longer be effective. It is known from the production of homeopathic dilutions that a memory of the glass exists, which is able to retain fine-matter information, even if the previous liquid has been expelled. A new bottle must always be used for another person
8. *In case of repeated autopathic application for one person, the bottle must be replaced, at the latest, three months after its first use. After this time the memory of the glass reduces the effect of the application.*
9. One liter water produces a dilution of 40 C.
10. A dilution produced this way can gradually tune the non-material, fine-matter organizing system for longer time, even in the case of a single dose.
11. It is beneficial (but not necessary) to ask the advice of an experienced consultant. The development following the preparation’s use may not be necessarily straightforward and is an individual matter according to the person’s inner, hidden (karmic) condition. You can draw inspiration from literature – the books *Get Well with Autopathy* and *Autopathy: A Homeopathic Journey to Harmony* by Jiri Cehovsky, which deal in detail with experiences and philosophy associated with this method.
12. The effect of an autopathic dilution prepared according to the above instructions is not a substitute for medical care. It can also be used as a complementary method.



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The „Autopathic Bottle“ is protected as R C D.

It is not intended to diagnose, treat, mitigate, cure or prevent any disease.

Fine-matter information can positively influence a fine-matter organizing principle.