

The preparation made from saliva

Read carefully before producing the preparation.

Do not take the bottle out of its plastic wrappings before you are ready to commence making the preparation.

The preparation is usually produced by the person who will use it, although this is not a condition.

Purpose: "The Autopathic Bottle" is designed for the vortex flux dilution of a person's own saliva into fine-matter (from the materialistic point of view, immaterial) level. The product of dilution is used exclusively by the same person that provided the saliva.

Philosophy: On the basis of resonance, the fine-matter information acts positively on the fine-matter (from a materialistic point of view immaterial) organising principle in man called vital force, prana or chi, which can gradually improve its function.

What you need:

1. An autopathic bottle made of chemically stable borosilicate glass.
2. Ordinary bottled spring water (not sparkling and without high mineral content and without artificial additives) in a quantity (at a minimum of 1 liter, 1 quart) as recommended by literature about autopathy or by an informed consultant.
3. For those unable to spit, a clean, unused, packaged dropper.

The Procedure:

1. Carefully brush your teeth without using toothpaste and for approximately half an hour do not eat, drink or smoke and do not place anything in your mouth. There must not be any cosmetics on your face and lips. Do not smoke since last meal. Do not use a cell phone before preparation.
2. If you are producing the preparation for someone else you should wear a scarf or surgical mask across mouth and nose throughout the entire period of production so that no microscopic drops of your own saliva transfer (when talking, sneezing or breathing in near distance) to the preparation. If the person is unable to spit, take the saliva (one drop is sufficient) with a clean, unused, glass dropper.
3. Unpack the bottle and place it at the edge of the basin or at the base of the sink with the lower draining pipe turned towards the plughole. Do not touch the inside of the funnel. No other person should be present during the operation.
4. First spit out, then gather up sufficient saliva in your mouth and spit into the funnel. Wash the saliva down into the bottom of the bottle using water.
5. Immediately pour the recommended volume of water into the funnel. Do not touch the funnel with the bottle neck, pour from a height of about 2 in. Ideally, (although

not necessarily) the water should form a surface in the funnel. Overfilling the funnel is not a problem.

6. Immediately after that raise the Autopathic Bottle, and pour some of the remaining content (a few drops are enough) from the vortex chamber, (the round bulge at the bottom) through the lower pipe, to the middle of your forehead and spread with a slight touch of the lower pipe above eyebrows and the stem of the nose (in area of the sixth chakra). Let the skin dry. The application of fine-matter, high dilutions on the skin was already recommended by the founder of homeopathy S. Hahnemann (Organon of Medicine).
7. The autopathic bottle should never be used at a later time for another person. This would result in the fine-matter vibrations of the two persons being mixed, so-called "cross-contamination", and the preparation would no longer be effective. It is known from the production of homeopathic dilutions, that a memory of the glass exists which is able to retain fine-matter information, even if the previous liquid has been expelled. A new bottle must always be used for another person.
8. **In case of repeated autopathic application for one person, the bottle must be replaced, at the latest, three months after its first use.** After this time the memory of the glass reduces the effect of the application.
9. After using it, place the bottle back into its plastic cover and the box to prevent danger of contamination (impairment of effect) by another person through touching it, or speaking or breathing in near distance.
10. One liter (1 qt) of water produces a dilution of 40 C. A preparation produced this way can gradually tune the non-material, fine-matter organizing system for the long-term, even in case of a single dose.
11. It is suitable (but not necessary) to ask the advice of an informed consultant. A development following the preparation's use is not necessarily straightforward and is an individual matter according to the person's inner, hidden (karmic) condition. You can draw inspiration from literature – the books *Get Well With Autopathy* and *Autopathy: A Homeopathic Journey to Harmony* by Jiri Cehovsky, which deal in detail with experiences and philosophy associated with this method.
12. The influence of highly-diluted saliva is not a substitute for medical care. It can also be used as a complementary method.



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The „Autopathic Bottle“ is protected as R C D.

It is not intended to diagnose, treat, mitigate, cure or prevent any disease.

Fine-matter information can positively influence a fine-matter organizing principle.