

The preparation made from prana

Read carefully before producing the preparation.

Do not take the bottle out of its plastic wrappings before you are ready to commence making the preparation.

The preparation is usually produced by the person who will use it, although this is not a condition.

The Purpose: The bottle is used for vortex dilution of subtle information present in the seventh chakra. The product of the dilution is to be used exclusively by the person who has provided the information.

The Philosophy: On basis of fine-matter resonance, the product of the dilution process acts positively on the fine-matter (from the materialistic point of view immaterial) spiritual organizing principle in man called “the vital force”, “chi”, or “prana”, which can gradually improve its function.

What you need

1. An Autopathic Bottle made of chemically stable borosilicate glass.
2. Ordinary bottled spring water (**not sparkling and without high mineral content and without artificial additives**) in a quantity (at minimum 1 litre) as recommended by a consultant or by literature about autopathy.
3. A scarf or surgical mask.

The Procedure:

1. For two hours before commencing do not use your cell phone, do not have any cosmetic creams on your face. Regardless of whether you make the preparation for yourself or for someone else, always put on a scarf or surgical mask over your nose and mouth before you unwrap the Autopathic Bottle. No other person is to be present.
2. Unwrap the bottle and fill the spherical space near its bottom to about one third with water. Do not touch the inside of the funnel.
3. Hold the bottle just under the funnel, so that the sphere with the water above the top of your head, approximately along the spinal axis, so that the round vortex chamber is placed about 15 – 25 cm above your head. The bottle might be slightly tilted to prevent water from leaking. The arm with the bottle is slightly bent. There is no need to measure anything, all is approximate and based on estimation. In this position we have our seventh chakra, which is not a point, but which occupies some space.
4. Initially, rotate the bottle slightly and move it up and down, then rest it in the middle, approximately for two minutes.
5. Into the bottle placed on the side of hand basin or held in hand, pour the amount of water recommended (depend-

ing on your level of vitality) by literature or by your consultant. The water from the bottle flows into the basin. Ideally (but not necessarily) the water in the funnel forms level, but overflowing causes no harm. Pour the water from the height of about 5 cm.



6. With the water from the bottle moisten the middle of the forehead above the root of the nose, the area of the sixth chakra. A few drops suffice, spread about by a light movement of the outflow pipe, and then allow to dry.
7. For any future use, put the bottle back into its plastic wrapper without sealing it, and into the box, which you close and put away.
8. Take off the mask that covered your nose and mouth.
9. The autopathic bottle should never be used at a later time for another person. This would result in the fine-matter vibrations of the two persons being mixed, so-called “cross-contamination”, and the preparation would no longer be effective. It is known from the production of homeopathic dilutions, that a memory of the glass exists which is able to retain fine-matter information, even if the previous liquid has been expelled. A new bottle must always be used for another person. **In case of repeated autopathic application for one person, the bottle must be replaced, at the latest, three months after its first use.** After this time the memory of the glass reduces the effect of the application.
10. One liter (1 qt) of water produces a dilution of 40 C. A preparation produced this way can gradually tune the non-material, fine-matter organizing system for the long-term, even in case of a single dose.
11. It is suitable (but not necessary) to ask the advice of an informed consultant. A development following the preparation’s use is not necessarily straightforward and is an individual matter according to the person’s inner, hidden (karmic) condition. You can draw inspiration from literature – the books *Get Well With Autopathy* and *Autopathy: A Homeopathic Journey to Harmony* by Jiri Cehovsky, which deal in detail with experiences and philosophy associated with this method.
12. The influence of diluted information from your 7. chakra is not a substitute for medical care. It can also be used as a complementary method.

Alternativa s. r. o., Zbraslavske nam. 461, 156 00 Prague 516, Czech Republic, EU
e-mail: info@alternativa.cz, www.autopathy.info

The „Autopathic Bottle“ is protected as R C D.

It is not intended to diagnose, treat, mitigate, cure or prevent any disease.

Fine-matter information can positively influence a fine-matter organizing principle.